

NEW PATIENT HEALTH HISTORY QUESTIONNAIRE

Name: _____ Today's Date: _____

Address: _____
City State, Zip Code

Email Address: _____

Date of Birth: _____ Home Telephone #: _____

Cell Number: _____ Work Number: _____

Emergency Contact name & number: _____

Referred by: _____

Reason for Office Visit Today: _____

Primary Care Physician

Name: _____

Phone #: _____

Address: _____
City State, Zip Code

Any Other Providers: _____

Insurance Information

Please bring your Medicare Part "D" or any other prescription card with you so we can make a copy of it for our records.

Primary Insurance

Company Name: _____

Policy Number: _____

Policy Holder: _____

Secondary Insurance

Company Name: _____

Policy Number: _____

Policy Holder: _____



Health History

Please answer the following questions. If several choices are given, circle the appropriate choice. Where appropriate, give dates of the onset of symptoms and describe how the problem has been treated.

1. Do you fatigue easily? Yes No
 In response to what activities? _____
2. Have you gained or lost more than 10 lbs in the past 6 months? Yes No
 To what do you attribute this gain or loss? _____
3. Do you experience night sweats? Yes No
 If Yes, how frequently? _____
4. Do you experience lightheadedness, headaches, room-spinning dizziness, or fainting spells?
 Any vision problems? _____ Yes No
5. Do you ever lose your balance or sense of position? _____ Yes No
6. Do you have numbness or tingling in any of your extremities? Yes No

7. Do you have hearing loss in either or both ears? Yes No

8. Do you ever have ringing in or discharge from your ears? Yes No

9. Do you experience bloody noses? _____ Yes No
10. Do you have history of lung problems, difficulty breathing or shortness of breath? _____ Yes No
 Do you have a chronic cough? Yes No Cough up blood? Yes No
 Date of last chest X-ray? _____ At what hospital? _____
11. Do you have history of any cardiac problems, chest pain, high or low blood pressure, enlarged heart or murmur? Yes No

12. Do you have indigestion, food intolerance, nausea or vomiting, heartburn or regurgitation? Yes No

13. Are your bowel movements regular? Yes No
 Describe any recent changes in your bowel habits. Do you have bloody or tarry stools; change in character of stools, frequent diarrhea? _____
 Date/Place of last Colonoscopy _____ Any polyps? _____
 Result: _____
14. Do you have difficulty urinating? Yes No
 Any blood or pus in urine? _____
 How frequently during the day do you urinate? _____
 During the night? _____
15. Do you have swollen, stiff or painful joints? Yes No

16. Do you have pain, decreased temperatures, swelling or discoloration in your extremities? Yes No

17. Do you experience back pain? Yes No



Health History (continued)

18. Do you have difficulty falling or staying asleep? Yes No

19. Do you have nervous or mental difficulties? Yes No

20. Do you have any skin problems such as rashes, open areas, discolorations or raised areas which have changed? Yes No

21. Do you have anemia or any bleeding disorders? Yes No

22. Do you bruise easily? Yes No

23. Do you have swollen glands? Yes No
If so, where? _____

24. Have you ever had a blood transfusion? Dates: _____ Yes No

25. Have you ever had any endocrine conditions such as diabetes or thyroid problems? Yes No

26. Please list all surgeries with dates, type, location and surgeon.

Date	Type	Location	Surgeon

Females:

1. At what age did you begin menstruating? _____

2. Do you have irregular or painful periods? _____ Yes No

3. Date of last menstrual period? _____

4. How many pregnancies? _____ Live births _____ Abortions? _____ Miscarriages? _____

5. Did you breast feed? Yes No

6. Date of last Pap smear? _____ Date of last Mammogram? _____

7. Did you ever take hormones or birth control pills? Yes No
For how long? _____

Males:

Have you experienced?

1. Erectile problems, libido increase/ decrease? _____ Yes No

2. Testicular pain, enlargement or lumps? _____ Yes No



SOCIAL HISTORY

Marital Status:

- Divorced Legally Separated Married Significant other Single Widowed
 Other _____

I currently live: Alone With family; Name: _____
 With friends; Name: _____ With significant other; Name: _____
 Assisted living/ Nursing home Name: _____

What is your occupation? (Current or past) _____
Highest level of education: _____

Do you currently drink alcohol? Yes No
If yes, maximum consumed per week:
• Glasses of wine _____
• Cans/bottles of beer _____
• Shots of liquor _____

Did you ever drink alcohol? Yes No
If yes, maximum consumed per week:
• Glasses of wine _____
• Cans/bottles of beer _____
• Shots of liquor _____

Are you sexually active? Yes No Not currently
If yes, is/are your partner(s): Male Female Both

Type of birth control/ protection currently used:
 Not having sex (Abstinence) Condom Injection IUD (Intrauterine Device)
 Oral contraceptives (Pill) Patch Post-menopausal None Other (specify) _____

Have you ever been tested for HIV? Yes No
Most current date: _____ Result? _____

Do you or did you use illicit drugs? Yes No
If you use/used drugs, what type(s) of drugs do/did you use? _____
How many times a week? _____

Check one of the following about smoking tobacco:
 Never smoked Former smoker Smoke some days Smoke every day
 Exposed to second hand smoke
If you smoke or used to smoke, how many packs do/ did you smoke per day? _____
How many years did you smoke/ have you smoked? _____
If you quit, when did you quit? _____

Do you ever use "smokeless tobacco"? (Select one below)
 Former user Current user Never used If you quit, when did you quit? _____

Are you ready to quit smoking/ or using smokeless tobacco? Yes No



Have you or anyone in your family have or had breast, colon, rectal, ovarian, gastric (stomach), prostate, pancreatic, uterine cancer, or melanoma? Yes (Self) Yes (family member) No

Are you being referred for genetic risk assessment? Yes No

If you answered yes to either of the above questions, **please fill out questions 1 through 6.**

Include all 1st, 2nd, 3rd, degree relatives who have cancer (including yourself)

1st degree: Parents, Brothers, Sisters, Half-siblings, Children

2nd degree: Uncles, Aunts, Nieces, Nephews, Grandparents, Grandchildren

3rd degree: Great Grandparents, Great Uncles/Aunts, First Cousins

1. Please List the Following Family Information:

Name	Relationship	Maternal / Paternal	Type of Cancer	Age at First Cancer	Current Age or Age at Death

2. For Relatives with Breast Cancer, Also Provide the Following (if known):

Number from Above	Unilateral vs. Bilateral	Invasive or Noninvasive (DCIS)	Triple Negative Yes, No, Unknown

3. Have any of these family members been diagnosed with a second primary cancer? Yes No Unknown

If Yes, please provide type of cancer and age: _____

4. Has anyone in your family had colon polyp(s)? Yes No Unknown

If Yes, please list age of first polyp(s) and their relationship to you: _____

5. Has anyone in your family been tested for havng genetic cancer? Yes No Unknown

If Yes, please list relationship to you and what syndrome(s): _____

Did they test? Positive Negative Indeterminate

Date they were tested: _____

6. Are any of your relatives of Ashkenazi Jewish heritage? Yes No Unknown



FAMILY HISTORY

Check below to report problems your family members have had. Please state the age when they had problems if you know it.

I was adopted so I do not know my family history.

Do you have any family with:

- | | | | |
|-------------------|------------------------------|-----------------------------|---------------------|
| Anemia | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Relationship: _____ |
| Bleeding Disorder | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Relationship: _____ |
| Clotting Disorder | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Relationship: _____ |
| Cancer | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Relationship: _____ |
| Leukemia | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Relationship: _____ |
| Lymphoma | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Relationship: _____ |

Relative	Living	Deceased	Age	Health Problems
Father				
Mother				
Sister				
Sister				
Sister				
Brother				
Brother				
Brother				
Child M/F				
Mother's Mother				
Mother's Father				
Father's Mother				
Father's Father				



PHARMACY

Name: _____

Address: _____

Phone Number: _____

If you use a mail order pharmacy, which one?

Please bring your Medicare Part "D" or any other prescription card with you so we can make a copy of it for our records.

Allergies	Reaction
1.	
2.	
3.	
4.	

Current Medications (Prescriptions & over the counter)

Name	Dose	Frequency
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

Current Supplements / Vitamins

Name	Dose	Frequency
1.		
2.		
3.		
4.		

Please write on separate paper if you need more room.

